

KS1 Progressions of Skills-PSHE

Year B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
PSHE	How did the Great Fire change London? (History)	St George and the Dragon (Art/History)	Why don't tigers and polar bears live in Long Eaton? (Science/Geography)	Could we live on the moon? (History)	How are our toys different from those in the past? (DT)	What do we know about Long Eaton? (Local History)	
Global Goals	9. Industry, Innovation and infrastructure		13. Climate Action	11 Sustainable Cities and Communities	3. Good Health and Well-Being 4. Quality Education	8. Decent Work and Economic Growth.	
British Values	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Democracy	Rule of Law	
Enrichment opportunities	Baking with parents /bakery visit	Planting trees/hedges		Space Centre Leicestershire	Sudbury Hall	Trip to West Park	
Topic Area	Drug Education	Growing Up	Changes	Being Me	Money Matters	Being Safe	
Knowledge and Skills							
Health and Wellbeing	H1 - Exploring the importance of physical, mental and emotional health. H2 - Exploring how to make informed choices. H11 - Understanding the role of drugs as medicines. H11 - Identifying	H8 - The process of growing from young to old. H9 - Exploring growing and changing and becoming independent. H10 - The correct names for the main parts of the body (including	H5 - Exploring what change means. H5 - Exploring loss and change and the associated feelings. H8 - Exploring the changes of growing from young to old. H9 - Managing change			H11 - Identifying househould products are hazards if not used properly. H12 - Exploring rules for and ways of keeping safe in a range of situations.	



	alternatives to taking medicines. H11 - Identifying that household products, including medicines, can be harmful if not used properly. H12 - Identifying rules for and ways of keeping safe. H15 - Recognising they have a shared responsibility for keeping themselves and others safe.	external genitalia). H13 - Identifying people who they can ask for help and think about how they might do that. H15, R3 - Identifying ways of keeping safe and knowing they do not keep secrets. H16 - About privacy in different contexts. H16 - About respecting the needs of ourselves and other people.	positively. H13 - Identifying strategies and where to go for help.			H13 - Knowing who to go to if they are worried. H14, H15 - Recognising that they share a responsibility for keeping themselves and others safe. H16 - Exploring what is 'privacy'; their right to keep things private and the importance of respecting others' privacy.
Living in The Wider World		L8 - That everybody is unique.		L4 - Recognise they belong to different groups and communities such as family and school. L8 - Explore ways in which they are all unique. L9 - Identify ways in which we are the same as all other people; what we have in common with everyone else.	L6 - Recognising what money looks like. L6 - Identifying how money is obtained. L6 - Understanding the ways money can be used. L7 - Understanding how to keep money safe and what influences choices.	L2 - Understanding why rules are important in keeping us safe. L10 - Identifying people who work in the community and how to ask for help.



Relationships	R8 - Identifying similarities and difference. R10 - What physical contact is acceptable.	R7 - Offer constructive support to others. R9 - Identify what makes them special.	
---------------	--	---	--