# **Animals Including Humans**

## Year 1 – Animals Including Humans

#### **National Curriculum Objectives:**

- Identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals.
- Identify and name a variety of common animals that are carnivores, herbivores and omnivores.

Pupils should use the local environment throughout the year to explore and answer questions about animals in their habitat. They should understand how to take care of animals taken from their local environment and the need to return them safely after study. Pupils should become familiar with the common names of some fish, amphibians, reptiles, birds and mammals, including those that are kept as pets.

Pupils should have plenty of opportunities to learn the names of the main body parts (including head, neck, arms, elbows, legs, knees, face, ears, eyes, hair, mouth, teeth) through games, actions, songs and rhymes.

Pupils might work scientifically by: using their observations to compare and contrast animals at first hand or through videos and photographs, describing how they identify and group them; grouping animals according to what they eat; and using their senses to compare different textures, sounds and smells.

#### **Key Ideas**

- a) There are many different animals with different characteristics.
- b) Animals have senses to help individuals survive. When animals sense things they are able to respond.
- c) Animals need food to survive.
- d) Animals need a variety of food to help them grow, repair their bodies, be active and stay healthy.

Prior Learning	How animals survive				
<ul> <li>In Early Years:</li> <li>Children should be able to identify different parts of their body.</li> <li>Have some understanding of healthy food and the need for variety in their diets.</li> <li>Be able to show care and concern for living things.</li> <li>Know the effects exercise has on their bodies.</li> <li>Have some understanding of growth and change.</li> <li>Can talk about things they have observed including animals.</li> </ul>	Chapter 1: Feeding for survival Animals need food to survive; it gives them energy to move and material to grow. Animals are all different and so eat different foods, some eat other animals (carnivores) and others only eat vegetables (herbivores).	Chapter 2: Moving for survival Animals have to get their food so they have to move to where it is, which means they have to move in different ways depending upon where their food is. Animals that eat other animals have to hunt them (predators) animals that are hunted are prey.	Chapter 3: sensing for survival Animals use their senses to detect where their food is and if there are any predators around, animals have different ways of avoiding being eaten e.g. camouflage, protection and moving away fast.	Amphibians, birds fish, mammals, reptiles, carnivores herbivore, omnivore, sight,	
	describing / photographing where they were found and what other plants and animals were also there. Predict from this what snails might eat and test predictions	Show short videos of animals hunting or trying to avoid being predated. Children describe how predators and prey move similarly and differently. Then show some unknown animals and children predict if they think they are predators or prey.	they then test each jelly using their sight, taste and smell separately.	hearing, touch, taste, smell, head, neck, ear, mouth, shoulder, hand, fingers, leg, foot, thumb, eye, nose, knee, toes, teeth, elbow.	
		<ul> <li>Explore habitats in the local environment identifying the plants and minibeasts that live there. Children predict what might eat what and why they think that. Check their ideas through Internet research and construct a simple food chain from what is found. (An excellent longitudinal study would investigate how populations in these food chains vary as a result of the seasons).</li> </ul>	woodlice use to detect the spiders and how do they avoid being eaten (they could test their ideas).		

#### In Year 2:

- Know that animals, including humans, have offspring which grow into adults . Know the basic stages in a life cycle for animals, including humans.
- Find out and describe the basic needs of animals, including humans, for survival (water, food and air).
- Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.

### Year 2 – Animals Including Humans.

#### **National Curriculum Objectives:**

- Know that animals, including humans, have offspring which grow into adults \( \Bar{\text{L}}\) Know the basic stages in a life cycle for animals, including humans.
- Find out and describe the basic needs of animals, including humans, for survival (water, food and air).
- Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.

Pupils should be introduced to the basic needs of animals for survival, as well as the importance of exercise and nutrition for humans. They should also be introduced to the processes of reproduction and growth in animals. The focus at this stage should be on questions that help pupils to recognise growth; they should not be expected to understand how reproduction occurs.

The following examples might be used: egg, chick, chicken; egg, caterpillar, pupa, butterfly; spawn, tadpole, frog; lamb, sheep. Growing into adults can include reference to baby, toddler, child, teenager, adult.

Pupils might work scientifically by: observing, through video or first-hand observation and measurement, how different animals, including humans, grow; asking questions about what things animals need for survival and what humans need to stay healthy; and suggesting ways to find answers to their questions

### **Key Ideas**

- a) Animals move in order to survive.
- b) Different animals move in different ways to help them survive.
- c) Exercise keeps animal's bodies in good condition and increases survival chances.
- d) All animals eventually die.
- e) Animals reproduce new animals when they reach maturity.
- f) Animals grow until maturity and then don't grow any larger.

Prior Learning	Animal Lifelines			Vocabulary	
In Year 1:  • Identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals.  • Identify and name a variety of common animals that are carnivores, herbivores and omnivores.	<ul> <li>The Model of animal life</li> <li>All animals are born which is when they can eat and breath</li> <li>They grow and develop until they are strong enough to reproduce</li> </ul>	When animals are no longer able to reproduce they usually die	How it varies between different animals     Different animals live for different ages     Different animals reach different sizes before they are able to reproduce Different animals reproduce at different ages	Living, dead, never alive, habitats, micro-habitats, food, food chain, leaf litter, shelter, sea shore, woodland, ocean, rainforest, conditions, desert, damp, shade,	
	reproduce  Construct a large bar chart for the wall of person's height against ages.	<ul> <li>Create a large time line on the wall from 0-100 years.</li> <li>Children bring in pictures of pets their parents had when they were younger with information about how old the pet was when it died. Hang the pets on the time line at the age they were when they died.</li> <li>Do the same for great grandparents (or a relative that died long before the child was born).</li> <li>Children use the time line to try and spot any patterns for how long animals live (e.g. do bigger animals live longer?).</li> <li>Show children some examples of animals they don't know (e.g. whale, elephant, desert mice, chimpanzees) and ask them to predict how long they might live for.</li> <li>Repeat the time line process with the age at which the pet or relative had their first baby. Encourage children to use the time line to come up with questions and look for patterns.</li> </ul>	conditions, desert, damp, shade,		

#### In Year 3:

Identify that animals, including humans, need the right types and amount of nutrition, and they cannot make their own food; they get their nutrition from what they eat. Know how nutrients, water and oxygen are transported within animals and humans.

Know about the importance of a nutritious, balanced diet.

Identify that humans and some other animals have skeletons and muscles for support, protection and movement: Know about the skeletal and muscular system of a human.

### Year 3 – Animals Including Humans

#### **National Curriculum Objectives:**

- Identify that animals, including humans, need the right types and amount of nutrition, and they cannot make their own food; they get their nutrition from what they eat.
- Know how nutrients, water and oxygen are transported within animals and humans.
- Know about the importance of a nutritious, balanced diet.
- Identify that humans and some other animals have skeletons and muscles for support, protection and movement: Know about the skeletal and muscular system of a human.

Pupils should continue to learn about the importance of nutrition and should be introduced to the main body parts associated with the skeleton and muscles, finding out how different parts of the body have special functions.

Pupils might work scientifically by: identifying and grouping animals with and without skeletons and observing and comparing their movement; exploring ideas about what would happen if humans did not have skeletons. They might compare and contrast the diets of different animals (including their pets) and decide ways of grouping them according to what they eat. They might research different food groups and how they keep us healthy and design meals based on what they find out.

#### **Key Ideas:**

- Different animals are adapted to eat different foods.
- Many animals have skeletons to support their bodies and protect vital organs.
- Muscles are connected to bones and move them when they contract.
- Movable joints connect bones.

they keep us healthy and design meals based on what they find out.					
Prior Learning	Skeletons and Movement				
In Year 2:  • Know that animals, including humans, have offspring which grow into adults  • Know the basic stages in a life cycle for animals, including humans.  • Find out and describe the basic needs of animals, including humans, for survival (water, food and air).  • Describe the	Chapter 1: Skeletons protect vital organs  • All vertebrates have internal skeletons that protect vital organs.  • Invertebrates have exoskeletons that protect vital organs  □ Compare X-rays and skeletons of animals looking for similarities and differences and predicting where vital organs are.	Chapter 2: Skeletons support weight Skeletons support the weight of land animals. Stronger bones can support more weight  • Look at X rays to identify broken and healed bones. • How does the length of a bone affect its bending strength and compressional strength? (You could use paper tubes) • How does the diameter of a bone affect its bending strength and compressional strength? (You could use paper tubes) • Consider why some bones might need to be stronger than others and then get them to predict relative size of bones from some animals based on how they move.	<ul> <li>Chapter 3: Skeletons support movement</li> <li>Bones are connected (but can move relative to each other) at joints. Muscles connect to bones and move them when they contract. Stronger bones can anchor stronger muscles</li> <li>Give children a large empty torso where they sketch in pencil what they think the skeleton is like. Get them to move in a variety of ways and feel how they move and adapt their skeleton. Show a real or model skeleton and ask them to identify similarities and differences.</li> <li>Children draw round their own hands, they feel their hands and look at how it can move and draw in where they think there are bones and put circles wherever they think there are joints, they then compare their ideas with a picture of a real hand.</li> <li>Give children some bones from a chicken skeleton that is not assembled. They try and identify what each bone does and justify their choices, they again compare with a complete chicken skeleton.</li> <li>Make a model arm from pieces of wood, string, sellotape (provide other materials including elastic, does the opposite of a muscle because it contracts when relaxed.).</li> <li>Look at X rays to identify broken and healed bones. Investigate if the length of a bone affects its strength using card tubes. Or could compare thicker real chicken bones. Consider why</li> </ul>	Nutrients, nutrition, carbohydrates, protein, fats, vitamins, mineral water, fibre, skeleton, bones, joints, endoskeleton, exoskeleton, hydrostatic skeleton, vertebrates, invertebrates, muscles, contract relax,	
<ul> <li>Describe the importance for humans of exercise, eating the right amounts</li> </ul>			<ul> <li>some bones might need to be stronger than others and then get them to predict relative size of bones from some animals based on how they move.</li> <li>Compare X rays of animals and predict how they moved.</li> <li>Show some video footage of an animal moving and children predict what the skeleton of that animal may be like.</li> </ul>		
of different types of food, and hygiene.			<ul> <li>Look at a cleaned chicken leg to see how it moves and then let children remove the skin from another one to see how muscles are attached.</li> </ul>		

#### In Year 4:

Describe the simple functions of the basic parts of the digestive system in humans. Identify the different types of teeth in humans and their simple functions.

Construct and interpret a variety of food chains, identifying producers, predators and prey

### Year 4 – Animals Including Humans

#### **National Curriculum Objectives:**

- Describe the simple functions of the basic parts of the digestive system in humans.
- Identify the different types of teeth in humans and their simple functions.
- Construct and interpret a variety of food chains, identifying producers, predators and prey

Pupils should be introduced to the main body parts associated with the digestive system, for example, mouth, tongue, teeth, oesophagus, stomach and small and large intestine and explore questions that help them to understand their special functions.

Pupils might work scientifically by: comparing the teeth of carnivores and herbivores, and suggesting reasons for differences; finding out what damages teeth and how to look after them. They might draw and discuss their ideas about the digestive system and compare them with models or images.

#### **Key Ideas**

- Animals have teeth to help them eat. Different types of teeth do different jobs.
- Food is broken down by the teeth and further in the stomach and intestines where nutrients go into the blood. The blood takes nutrients around the body.
- Nutrients produced by plants move to primary consumers then to secondary consumers through food chains.

#### Prior Learning Digestion: how the body gets nutrients into the blood. Vocabulary Chapter 2: Variation in Chapter 1; Food groups. Chapter 3: How humans digest food. In Year 3: Herbivore, animals diet. Animals need a variety of foods to The nutrients in food have to get to every part of the body. The blood transports them. The role of digestion is to get the Identify that animals, Carnivore. help them grow and survive. The Different animals require nutrients in food to dissolve in the blood, if it doesn't dissolve it can't enter the blood and be transported. Humans achieve this including humans, need the Digestive system, main food groups are: different foods to survive. as below: right types and amount of tongue, mouth, Humans require a balanced diet nutrition, and they cannot Teeth to start breaking up food Meat, dairy and pulses to provide teeth, oesophagus, to remain healthy but healthy and make it easier to swallow make their own food; they protein for muscles. Different types of teeth do Oesophagushat diets vary depending upon the stomach, gall get their nutrition from what different jobs; incisors cut, squeezes and relaxes Grains and root vegetables to they eat. type of activity that humans do. bladder, small canines grab andear and molars to push food to the provide carbohydrates for energy. Know how nutrients, water stomach intestine. Fat for insulation and energy. The stomach contains acid that and oxygen are transported pancreas, large further breaks down food and within animals and humans. Fruit and vegetables for minerals, kills microbes that would be intestine, liver, Know about the importance vitamins and fibre. These are harmful in the intestines Anything that has tooth, canine, of a nutritious, balanced diet. essential to keep our bodies not been broken The intestines contain Identify that humans and working well and protect us from incisor, molar, down and special chemicals that some other animals have illnesses. dissolved in the break food down so much premolar, blood leaves the skeletons and muscles for it dissolves in water. Here producer, body through the the nutrients dissolve in support, protection and anus consumer. movement: Know about the skeletal and muscular system of a human. Provide children with a variety of Compare the diets of Children keep a food diary for what they ate the previous day. Provide a large torso outline and ask children to annotate different foods and they predict athletes with different what has happened to the food they ate the previous afternoon and evening. what nutrients they provide. demands e.g. cyclists and After washing hands children feel their teeth, describe what they are like, then look in a mirror and draw them. They then Show them the food labels to sprinters, marathon runners eat a variety of foods; identifying which teeth they use and hypothesise which teeth do which job. and weightlifters. How are check their ideas. Show pictures or fossils of animals teeth and jaws, predict what the animal eat. they different and why? Children keep a food diary for a What liquids make teeth rot? (Use marble chips rather than eggshells as they fizz gently in lemon juice and acid). (This is day and then check tally up how Give information about the interesting because sugar does not corrode teeth, only acids do. Sugar does result in tooth decay because bacteria in the much of each food group was in poor diet of someone who is mouth eat sugar and excrete acid; it is this acid that corrodes teeth). their diet. How does this trying to be super skinny, Construct a food chain from animals teeth found in the local area (or ones you have bought!) compare with a healthy diet? predict the effects on the Bread is a carbohydrate and so provides our muscles with energy, but it needs to dissolve in the blood before it can be persons health and body transported to the muscles. Where in the body does this happen? Does chewing make it dissolve? Does chewing with saliva make it dissolve? Does mixing with acid make it dissolve? They can test all of these things. The point is that one of these things causes bread to dissolve, this happens in the intestines. (They don't need to know how it happens just that this is where it does)

#### In Year 5:

- Know the life cycle of different living things, e.g. Mammal, amphibian, insect bird.
- Know the differences between different life cycles.
- Know the process of reproduction in plants.
- Know the process of reproduction in animals.

# Year 5 – Animals Including Humans

### **National Curriculum Objectives:**

- Describe the changes as humans develop to old age.
- Know the life cycle of different living things, e.g. Mammal, amphibian, insect bird.
- Know the differences between different life cycles.
- Know the process of reproduction in plants.
- Know the process of reproduction in animals.

Pupils should draw a timeline to indicate stages in the growth and development of humans. They should learn about the changes experienced in puberty.

Pupils could work scientifically by researching the gestation periods of other animals and comparing them with humans; by finding out and recording the length and mass of a baby as it grows.

#### Key Ideas

*a)* Different animals mature at different rates and live to different ages.

Note: Often combined with the sex education programme.

Prior Learning		Life	cycles		Vocabulary
In Year 4:  • Describe the simple functions of the basic parts of the digestive system in humans.  • Identify the different types of	<ul> <li>Chapter 1: What do humans look like? <ul> <li>humans have characteristics that are similar.</li> <li>There are differences amongst people</li> </ul> </li> </ul>	<ul> <li>Chapter 2: How do humans change?</li> <li>Humans are smaller versions of their adult self.</li> <li>Humans have different stages of life.</li> <li>The stages last for different periods until they are adult.</li> </ul>	Chapter 3: Lifecycles have similarities and differences.  • Mammals have similar lifecycles. • Amphibians have a process of metamorphosis.	<ul> <li>Chapter 4: Plant lifecycles.</li> <li>Plants reproduce in different ways.</li> <li>A plant life cycle is dependent on pollinators.</li> <li>Bulbs reproduce asexually.</li> </ul>	Foetus, Embryo, Womb, Gestation, Baby, Toddler, Teenager, Elderly, Growth, Development, Puberty
teeth in humans and their simple functions.  • Construct and interpret a variety of food chains, identifying producers, predators and prey	Study images of different humans. What are the similarities and differences?	Children explore images of what they looked like as babies, toddlers and children.  How have they changed? How are they similar / different etc?	Compare the lifecycles of different mammals, amphibians and birds. Study an animal in the classroom and track how it changes over time.	Compare different plant life cycles.	

#### In Year 6:

- Identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood.
- Recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function.
- Describe the ways in which nutrients and water are transported within animals, including humans.

### Year 6 – Animals Including Humans

#### **National Curriculum Objectives:**

- Identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood.
- Recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function.
- Describe the ways in which nutrients and water are transported within animals, including humans.

Pupils should build on their learning from years 3 and 4 about the main body parts and internal organs (skeletal, muscular and digestive system) to explore and answer questions that help them to understand how the circulatory system enables the body to function.

Pupils should learn how to keep their bodies healthy and how their bodies might be damaged – including how some drugs and other substances can be harmful to the human body. Pupils might work scientifically by: exploring the work of scientists and scientific research about the relationship between diet, exercise, drugs, lifestyle and health.

#### **Key Ideas**

- a) The heart pumps blood around the body.
- b) Oxygen is breathed into the lungs where it is absorbed by the blood.
- c) Muscles need oxygen to release energy from food to do work. (Oxygen is taken into the blood in the lungs; the heart pumps the blood through blood vessels to the muscles; the muscles take oxygen and nutrients from the blood.)

#### **Prior Learning Vocabulary Chapter 1: Getting** In Year 5: The blood circulation model Oxvgenated. oxygen into the blood. Deoxygenated, Know the life The blood circulates around the body in a way that ensures cycle of different Valve, Exercise, All animals need living things, e.g. Respiration oxygen to survive. Air all muscles in the body get a supply of oxygen and sugar Mammal, is breathed into the The heart pumps blood to every muscle in the body. amphibian, lungs where the oxygen The circulatory route must allow the blood to collect insect bird. in the air is passed into Circulatory oxygen from the lungs, sugar from the intestines and Know the the blood. Every part of system, heart, muscles. differences animals bodies need lungs, blood between vessels, oxygen, especially different life muscles blood, artery, cvcles. vein, Muscles need a supply Know the pulmonary, of oxygen and sugar to process of alveoli, make them work, they reproduction in capillary, are supplied this by the plants. digestive, blood. Know the transport, gas How does the size of How does the size of the muscle we exercise affect our pulse rate? process of exchange, villi, a person affect their reproduction in How does sustained, gentle exercise affect our pulse rate? nutrients, water, lung capacity? animals. Use the model to predict the body wide symptoms of: oxygen, alcohol, drugs, tobacco. 1. A disease that reduces the lungs ability to transfer oxygen to the blood. Candles need oxygen to burn. How is the 2. A disease that restricts the amount of blood that can flow around the body. time a candle burns How might the circulatory system be different for an elephant or a humming bird? for affected by the Does your exhaled air always contain the same amount of oxygen or does exercise change this? (Use the burning candles in jars test) amount of times I • How might doing exercise at the top of a mountain affect the body (less air at altitude) have breathed in and out the air that it burns in?

#### In KS3:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/335174/SECONDARY\_national\_curriculum - Science 220714.pdf